

ARROW

The Official Publication of the School Nutrition Association of North Carolina

Winter 2023 - Volume 107



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thrive.**

WE'RE PROUD TO



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WITH
341
FAMILY
FARMS**

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company-owned farms, all
within our state's borders

**It adds up to a \$264.3
MILLION DOLLAR**
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NC Restaurant
& Lodging Association



**SCHOOL
NUTRITION
ASSOCIATION**
NORTH CAROLINA



**NORTH CAROLINA
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National Business Development Manager for K-12 Schools

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FACILITY LOCATIONS:

- ★ Garner, NC – Headquarters
- ★ Mt. Olive, NC – Poultry Processing
- ★ Goldsboro, NC – Hatchery, Live Operations
- ★ Raeford, NC – Further Processing, Breeder Operations
- ★ Turkey, NC – Feed Mill
- ★ Farmville, NC – Feed Mill

STATE MEMBERSHIPS:

- North Carolina Chamber of Commerce
- Sampson County Economic Development Center
- Garner Chamber of Commerce
- Garner Economic Development Committee
- Mount Olive Chamber of Commerce
- Raeford-Hoke Chamber of Commerce

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Dates to Remember

DISTRICT MEETINGS

- District 2 - April 1, 2023
North Brunswick HS
- District 4 - February 4, 2023
- District 6 - March 25, 2023
Porter Ridge HS
- District 8 - February 11, 2023
Mills River Academy

BOARD OF DIRECTORS MEETINGS

WINTER MEETING

Zoom - February 3, 2023

SUMMER MEETING

Greensboro - June 19, 2023

SNA OF NC MEETINGS

COMMITTEE DAY

Greensboro - May 12, 2023 (*Tentatively*)

CHAPTER LEADERSHIP SEMINAR

Greensboro - June 20, 2023

NEW HORIZONS TRADE SHOW

Greensboro - June 21, 2023

ANNUAL CONFERENCE

Greensboro - June 21-22, 2023

SNA MEETINGS

SCHOOL NUTRITION

INDUSTRY CONFERENCE

San Diego, CA - January 15-17, 2023

LEGISLATIVE ACTION

CONFERENCE

Washington, DC - March 5-7, 2023

SNA ANNUAL CONFERENCE

Denver, CO - July 9-11, 2023

AWARD DEADLINES

Lynn Harvey 1st Timer Scholarship Award to Dana Edwards ... Entries due by January 31, 2023

Reginald Ross Inclusion Scholarship Award to Dana Edwards ... Entries due by January 31, 2023

**100% Membership Award to Dawn Roth
Entries due by February 28, 2023**

**Director of the Year Award to SNA
Entries due by March 1, 2023**

**Manager of the Year Award to SNA
Entries due by March 1, 2023**

**Employee of the Year Award to SNA
Entries due by March 1, 2023**

**Mary Long Beasley Award to Dana Edwards
Nominations due by April 30, 2023**

**SNA-NC Scholarships to Dana Edwards
Entries due by May 1, 2023**

**Chapter of the Year Award to Dana Edwards
Entries due by May 1, 2023**

**Lunch Bell Award to Dana Edwards
Entries due by May 1, 2023**

**Partner in Education Award to Dana Edwards
Entries due by May 1, 2023**

**Tim Greene Memorial Scholarship to Dana Edwards
Entries due by May 1, 2023**

**Gene Causby Memorial Scholarship to Dana Edwards
Entries due by May 1, 2023**

**Martha Gomer Spirit Award to Dana Edwards
Entries due by May 1, 2023**

SNA-NC DUES AND INCOME TAX DEDUCTIONS

The Internal Revenue Code requires us to notify you that a portion of your dues to the School Nutrition Association of North Carolina is not tax deductible based on the nondeductible lobbying expenses that SNA-NC incurs. According to our estimate of lobbying expenditures for 2021-2022, 100% of your dues for 2021-2022 are not deductible for income tax purposes. Should you have additional questions regarding the deductibility of your dues, please contact your tax professional.

A Message from our President

... Ruth McDowell

I bring greetings to all of our wonderful SNA-NC members. Happy New Year to everyone! Thank you again for allowing me to serve as your SNA-NC 2022-2023 President. I am having the time of my life visiting all the districts. There are many reasons why I joined SNA-NC. Some of them include the training opportunities, networking with peers, and building lasting relationships. I have to say that as president, taking advantage of all of these experiences has prepared me to serve as a proud president on your behalf. Whenever there is an opportunity to grow in your profession, please take it. You will learn so much. I have given several news interviews on behalf of SNA-NC that have been very positive. During the interviews, people feel my enthusiasm, love, and commitment for feeding and nourishing kids. The interviews were not a challenge; they were enlightening because I spoke from the heart.

Can you believe it's 2023 already? The school year feels like it is going so fast. I am so grateful for the job you all are doing to serve healthy meals to children. I know it has not been easy because we are reminded daily that we are still in a pandemic, we are still experiencing labor shortages, supply chain issues among many other challenges, but somehow, we continue to stir up our God given gifts and talents, no matter what, to serve our children. Your hard work does not go unnoticed.

Our speaker, Karen Dameron

and I have visited four district meetings so far - Districts I, III, IV and VII. They all are to be commended for having outstanding meetings. Each district has brought a new experience while remaining focused on the theme. Our SNA-NC theme this year is "Stir Up Your Gifts." We know that God has gifted us with many gifts but this year SNA-NC members have been charged to stir up five of their gifts. They are resilience, enthusiasm, commitment, grace, and love in their daily passion of feeding kids. Each of the four district directors were unique in their creativity and artistry when bringing our theme to life. I am not going to give anything away; I will let them tell their story, so make sure you read the ARROW magazine all the way to the end, and you'll see what I'm talking about. I have to give a "shout out" to a student in District V. Lynn Essick, District V Director, presented me with a painting from Mara Truell, an eighth-grade student at Oak Grove Middle School in Davidson County. This student displayed her gift of love by painting this picture especially for me. We have never met but she wanted to do this from her heart. Can you imagine my enthusiasm when I got it? I couldn't stop smiling. The painting is displayed in my office, it's the picture behind the desk. I will cherish this kind gesture of love from Lynn and Mara forever.

I am looking forward to the four remaining district director meetings. Karen is also looking forward to the



remaining meetings and making our theme come alive. She will challenge you to think about how to best use your gifts to serve our children, staff, and administrators, but most importantly, yourself. Please encourage all of your staff to attend the district meetings. They do not have to be members to come.

Don't forget to use the SNA-NC website at www.schoolnutrition-nc.org to apply for awards and scholarships. There are many great opportunities to gain leadership skills and to network with peers from across the nation. Our Webmaster, Kristen Bealler is doing such a great job keeping our website updated. Thank you, Kristen, and thank you all for what you do for our students in North Carolina. I pray BLESSINGS upon everyone as you continue to "Stir Up Your Gifts". Sincerely,

Ruth McDowell

Ruth McDowell



Stir Up Your Gifts of *Resilience, Enthusiasm, Commitment, Grace, and Love* by attending the School Nutrition Association of North Carolina's Annual Conference **June 19 - 22, 2023**.

We are planning this conference with each of you in mind. We want to make sure that we provide many opportunities for you to gain professional development, experience self-care and most importantly, take time to have some fun and fellowship with your colleagues from across the state.

Two things are guaranteed – ***“Make It, Take It”*** and ***“FUN NIGHT”***. These two events were big hits in 2022 and we are working on ways to “Stir” in some more excitement this year.

FUN NIGHT will be co-sponsored by No Kid Hungry NC and Carolina Hunger Initiative, so bring your dancing shoes and be prepared to show off your best moves. There was a lot of competition on that dance floor in 2022 and we are expecting it to be at another level in 2023.

There are several preconference sessions already confirmed: Safe Plates, New Managers' Workshop and Administrative Review Workshop. These opportunities will begin on Monday afternoon and end on Tuesday. Seats will be limited, so be on the look out for the registration links.

A few of the other opportunities that will be available are:

- 🍎 Chapter Leadership
- 🍎 New Horizons Trade Show
- 🍎 Educational Mini Sessions
- 🍎 Culinary Arts/Creative Arts
- 🍎 Banquet and Awards
- 🍎 Endowment Raffle
- 🍎 SNS Credentialing Exam

Stephanie Hall, Vice President and Janet Johnson, President-elect are so excited about this conference and look forward to seeing you in Greensboro.

Go ahead and make the ***COMMITMENT*** – by putting the dates on your calendar. We are ready, how about you?

Scholarships & Awards Update

By Dana Edwards, Leadership Development/Awards Chair

Are you ready to show off your outstanding efforts, accomplishments, and contributions to SNA-NC? It's time to work on your scholarships and awards nominations for 2022-2023. One of the many amazing SNA and SNA-NC awards and/or scholarship opportunities could "Stir Up Your Gifts" to share with others!

Often, we forget the value in saying "thank you" or "good job" to our school nutrition teammates. Nominating an association member is the perfect opportunity to recognize individuals in our districts who have gone above and beyond and helped make their school nutrition program successful. As the Leadership Development/Awards Committee Chair, I love to see our members acknowledged for their efforts and their goals achieved for themselves personally and professionally. Please consider taking the time to nominate co-workers, administrative teams or other community members who have helped you grow this year.

It is now easier than ever to apply for a scholarship and/or award because it is now **ONLINE!** Multiple opportunities exist to further your education, attend SNA/SNA-NC conferences/meetings or to simply help you do your very best at your profession. Take the opportunity now to review the various awards or scholarship opportunities at our website <https://www.schoolnutrition-nc.org/AwardsScholarships.aspx>. Deadlines are approaching so get those applications in on time! You can always reach out to me via email at dana.edwards@dpi.nc.gov and I will be glad to help you navigate the process. Submission via mail or online will be accepted.

VERY IMPORTANT: Please note that the deadline for the Lynn Harvey First Timers Scholarship Award and the Reginald Ross Inclusion Scholarship Award is January 31, 2023.

SNA Awards and Scholarships Deadlines

- | | |
|---|--|
| • Lynn Harvey First Timers Scholarship Award | January 31, 2023 |
| • Reginald Ross Inclusion Scholarship | January 31, 2023 |
| • 100% Membership Form | February 28, 2023 (<i>submit to Dawn Roth</i>) |
| • Employee of the Year Award | March 1, 2023 |
| • Manager of the Year Award in Honor of Louise Sublette | March 1, 2023 |
| • Director of the Year Award | March 1, 2023 |
| • Mary Long Beasley Award | April 30, 2023 |
| • Martha Gomer Spirit Award | May 1, 2023 |
| • Gene Causby Scholarship | May 1, 2023 |
| • Tim Green Scholarship | May 1, 2023 |
| • Lunch Bell Award | May 1, 2023 |
| • Partners in Education | May 1, 2023 |
| • Chapter of the Year | May 1, 2023 |
| • SNA Scholarship Application | May 1, 2023 |

SNA-NC Board of Directors Meeting Minutes

September 23, 2022 - Sheraton Four Seasons, Greensboro, NC

The Board of Directors Meeting was called to order at 10:39 a.m. by *Ruth McDowell, President*. The SNA-NC Vision and Mission Statements were read aloud by all in attendance. *Janet Johnson, President-elect* shared the Thought for the Day.

BUSINESS AGENDA

Roll call was completed by *Lorie Reece, Secretary-Treasurer*. A quorum was present.

The September 23, 2022 meeting agenda was adopted by the Board, with the motion made by *Stephanie Hall, Vice President*, seconded by *Tina Hood, District IV Director*.

A budget update was provided virtually by *Mary Ann Shoaf, Bookkeeper*.

INFORMATION AND ANNOUNCEMENTS

Dawn Roth, Executive Director presented the required annual Board Orientation training.

Gretchen Wilson, Public Policy and Legislation Chair provided legislative updates.

Ruth McDowell, President and *Janet Johnson, President-elect* provided the SNA-NC Annual Conference Report.

Dawn Roth, Executive Director provided the SNA-NC Trade Show Report.

Ruth McDowell, President shared the 2022-2023 Calendar updates.

Dana Edwards, Leadership Development/Awards Chair provided candidates and awards updates.

Janet Johnson, President-elect and *Lorie Reece, Secretary-Treasurer* presented updates for the SNA-NC Policies and Procedures handbook. A motion to accept the policy updates was made by *Kathy Buelin Caudle, District VII Director*, with no second needed since the updates came from the Resolutions and Bylaws committee. The motion passed.

Amy Stanley, Industry Advisory Chair and *Dawn Roth, Executive Director* provided information on the Sustainers membership and proposed an increase in the Sustainer dues. A motion to increase the Industry Corporate rate and Industry Individual rate was made by *Gretchen Wilson, Public Policy and Legislation Chair*, with a second by *Stephanie Hall, Vice President*. The motion passed.

Dawn Roth, Executive Director provided the Arrow articles list with the upcoming deadline of November 14, 2022.

With no further business, *Ruth McDowell, President* declared the meeting adjourned at 12:49 p.m.

Minutes respectfully submitted by:

Lorie Reece

SNA-NC Secretary-Treasurer 2021-2023



Congratulations Melanie!

The 2023 FAME Rising Star Award winner is Melanie Romano, MS, RD, LDN, School Nutrition Director, Alliance Charter Schools, Charlotte, N.C. With just two years of experience, Romano has successfully transitioned Alliance from a vended, catered contract to a delicious, self-prep program offering multiple nutritious entrees daily, thus establishing much higher meal participation and satisfaction. This change increased breakfast participation in one of the Alliance schools from 106% to 274%.

Legislative Update

By *Gretchen Wilson, PP&L Chair*

Your PP&L Committee has been working on our Legislative Agenda. We want to have it out for the new legislative session. We will be sharing it with you once it gets final approval from the board. We are not in our request alone. North Carolina Alliance for Healthy School Meals for All Coalition is dedicated to get school meals at no cost for all our students through working with allied organizations to educate our Legislators on how that would be a benefit to all. If you want to participate in their zoom meetings, you are welcome to. You would need to contact them at admin@ncallianceforhealth.org to request to get on the future zoom meetings. Also, the LAC (SNA Legislative Action Conference) is coming up in March 2023. This is the year that we need a large delegation to attend and help educate our NC Legislators. We have the reauthorization of our program that needs our support.

We are also getting a lot of local, regional, and national press about meal charges lately. We need to continue doing interviews on school meal charges if that affects your schools, the nutritious meals we serve, and how we are part of each student's educational success. Please do not shy away from an interview. You can do them because you know your role in feeding our students.

My last request is for you to do some homework and learn who your new Legislators are in the State and Federal Government. Go ahead and invite them to visit your schools. Show them what you offer your students, what you need to have an efficient kitchen to prep those meals and what your staff needs to be successful in their position. Tell them your story. Reach out to me if you know any of our new NC Legislators personally and are willing to help us advocate for our students and staff.

District Director Orientation - September 22, 2022

By *Tammy Rinehart, District Director Chair and District I Director*



Prior to our fall Board Meeting, District Directors for the School Nutrition Association of North Carolina met at the Drury Inn in Greensboro, September 22, 2022. In attendance were Directors Tammy Rinehart – District 1, Imer Smith – District 2, Amber Sharpe – District 3, Tina Hood – District 4, Lynn Essick – District 5, Amanda Howard – District 6, Kathy Buelin Caudle – District 7, and Brian Arrington – District 8. Leading our Directors were Ruth McDowell – President, Janet Johnson – President Elect, Stephanie Hall – Vice President, and Dawn Roth – Executive Director.

Ruthie initiated our meeting with a friendly game of competition that promoted teamwork and comradery.

Lots of laughter was a great ice-breaker! Then, Dawn guided us through the District Director handbook and associated updates. The bulk of our time was spent on sharing ideas to promote participation in our districts and how to best bring our President's theme to focus.



District Directors

What to Expect When Elected

District Directors Report to: The current SNA-NC State President

Essential Duties and Responsibilities

- Promote the President's theme
- Promote SNA-NC's Plan of Action
- Serve as the liaison between the local chapters and the Board of Directors
- Express the views of chapter affiliates
- Communicate with and assist chapter affiliates
- Plan and preside at their District Meetings
- Promote membership and help organize new chapters
- Help Chapters to turn in their Chapter Re-Affiliation form and bylaws to Dawn Roth every year
- Help to increase the number of affiliated and re-affiliated chapters in your District
- Work to educate Directors, Supervisors, employees, school administrators, parents, students and the general public about SNA-NC
- Willing to help local Chapter Presidents at their Chapter meetings (time and budget permitting)
- Promote the SNA-NC website
- Encourage chapters and individuals to apply for scholarships and awards
- Attend board meetings
- Attend committee days (twice a year)
- Attend State Conference in June
- Submit articles for the Arrow

Requirements

- Must be SNA certified or SNA credentialed

Time Commitment

- Elected for a 2-year term.
- Attend the District Director Orientation. This takes place on the Thursday afternoon/evening prior to the September board meeting. You will receive a notebook with information regarding the 2-year term as District Director. You will also learn how to plan a district meeting, write articles for the Arrow and other vital information.
- Attend four board meetings each year. SNA-NC will pay for travel and hotel room, if needed.
 - September (Friday)
 - Late January/Early February (Friday)
 - Monday of June Conference
 - Friday of June Conference
- Attend Committee Day in November and May. This is usually held at the Sheraton in Greensboro. SNA-NC will pay for travel and hotel room, if needed.
- Attend the SNA-NC Annual Conference in Greensboro in June.
- Serve on the Leadership Development/Awards Committee for 2 years following term as District Director.

2023 National School Breakfast Week

March 6-10, 2023

“Dig Into School Breakfast.”

By: Janette Broda, MHS, RDN, LDN, SNS – Nutrition Chair

National School Breakfast Week (NSBW) celebrates the importance of a nutritious school breakfast in fueling students for success. This year’s NSBW SNA theme is “*Dig Into School Breakfast.*” This theme celebrates the many ways that your students can “construct” a healthy meal that will serve as a solid “foundation” for “towering” achievements at school and in life.

NSBW is a weeklong celebration of the National School Breakfast Program, established in 1975 by an act of Congress. Schools across the country will find ways to celebrate breakfast in 2023 with special menu items, events, and fun activities designed for all students. This year’s theme is also ideal for conveying messages about the roles of different nutrients in building a healthy body.

Studies show that children who eat school breakfast are more likely to:

- ✓ Have better attendance rates
- ✓ Reach higher levels of achievement in reading and math
- ✓ Score higher on standardized tests
- ✓ Have better concentration and memory
- ✓ Have fewer behavioral problems
- ✓ Be more alert and maintain a healthy weight

The National School Breakfast Program serves nearly **12 million nutritious breakfasts** to students across the country every school day. These breakfasts tend to be more nutritious than the average breakfast a child gets from home or a convenient fast-food restaurant.

Making NSBW a fun-filled occasion at your school will get students excited about your breakfast program and increase participation! Offer a taste test of new breakfast menu items and talk about the nutritive benefits they get from certain foods, such as strong bones from the calcium in milk and energy from complex carbohydrates in whole grains.

Need more ideas? Dig into #NSBW23 marketing resources from SNA and a toolkit packed with ideas for engaging students, advice for gaining valuable media attention, customizable templates, all official #NSBW23 artwork, social media shareables and more!

Don’t forget: Just because NSBW takes place on March 6-10, 2023 you can shift your celebration to a different week if that’s more convenient. Maybe you have a teacher in-service day or student testing that week. Celebrate the week before, after or any other time of year!

Share your success stories and pictures with the Arrow. Send your NSBW 2023 “Dig Into School Breakfast” themed stories and photos to Dawn Roth at jbdfroth@aol.com. Tag SNA on Facebook and Twitter and be sure to use the hashtag #NSBW23.



District I Meeting November 19, 2022

By Tammy Rinehart, District I Director

Our District I Meeting was held in the season of



Thanksgiving, and we have so much to be thankful for! There were 140 in attendance this year at Pasquotank County High School. While we gathered to collaborate as school nutrition professionals and encourage one another, we “stirred up our gifts.”

Tammy Rinehart, School Nutrition Director for Elizabeth City-Pasquotank Public Schools and District I Director, welcomed everyone to the meeting and introduced our special guest speakers. The Associate Superintendent of Human Resource and Auxiliary Services, Rhonda James-Davis, addressed the assembly with greetings from Elizabeth City’s “Harbor of Hospitality.” Superintendent Dr. Keith Parker acknowledged our members for their dedication to service and great importance to our students. Then Pasquotank County High School ROTC, under Sergeant Major Coffey, presented the USA flag and led us in the pledge of allegiance. The choral director, Monica Williams, followed with a beautiful rendition of the national anthem.

The Elizabeth City-Pasquotank SNA chapter president, Crystal Turner, assisted in the honoring of five members in attendance who had thirty years or more of service in School Nutrition. This was a true highlight of our day! Afterwards, Angela Rodriguez, Currituck County School Nutrition Director gave the thought of the day, expounding on how to view the gifts that we have been given. Janet Johnson, Assistant

Director of School Nutrition & District Operation Division, NCDPI apprised us of the PP&L updates as well as the DPI update. Next, our Sysco Hampton Roads team took the discussion around to address supply chain issues and shortages.

At this point, we energized the room with an apron parade and contest that highlighted Ruthie’s theme of “Stir up your Gifts.” ECPPS own DJ, Cleon Cunningham, turned up the tunes as the competition heated up in the cafeteria!

SNA-NC President Ruth McDowell gave an inspiring speech on how she chose her theme and what it meant to her. She was in her cathedral, preaching to the choir! Through her hands-on lesson, guest speaker Ms. Karen Dameron illustrated the gifts and the impact this has both personally and on those around us.

We ended our time together with a fabulous brunch hosted by the Affinity team of Virginia, Jeff Davis and Mary Jane Fields.

I want to thank my School Nutrition team at Elizabeth City-Pasquotank for their hard work in preparation for our meeting. Thank you to our administrative team for their support. Thanks to the



many vendors who donated door prizes. Finally, thank you to WTKR-TV out of Norfolk, Virginia for live coverage of our District I meeting that focused attention on the importance of our SNA-NC.

District I is stirring it up! We’re committed, resilient, enthusiastic, full of grace and love!



District III Meeting October 20, 2022

By Amber Sharpe, District III Director



Wow, what a great District III meeting we had this fall. Wilson County welcomed 60 attendees from across Edgecombe, Wake, Halifax, Nash, and Johnston Counties. We started stirring up our gifts from the very beginning. We were graced with the presence of Dana Edwards, DPI, Operations & Program Management Consultant, Zone 5 and Janet Johnson, President-Elect, Assistant Director, DPI. What a blessing having these two ladies join us.



Gretchen Wilson, School Nutrition Director for Pitt County Schools, and our PP&L Committee Chair, gave us an update of federal policies and current legislations. Gretchen gave us all a reminder that every voice needs to be heard.

Our SNA-NC President, Ruth McDowell gave her presidential message and welcomed, introduced her

guest speaker, Karen H. Dameron, President/CFO of KHD Educational Consulting, Inc. Dameron reminded us of all the gifts we have within ourselves and how we can stir up our gifts to make a great team for working together to feed our children. She provided us all with a craft activity to take back with us to share with our teams. This keepsake is a reminder for all of our staff to remember how important all of our gifts are to making a kitchen run smoothly and most importantly serving our children.

Ruth surprised us all with locally grown apples and had us all join in together to participate in the NC Crunch. Ruth, along with Amber Sharpe, District III Director, spoke on the importance of joining SNA. Amber presented the President's power point on SNA memberships, and upcoming scholarships, she also acknowledged certified and credentialed members that were in attendance at the meeting.



One of the best highlights of the evening is when Ms. Evelyn Johnson from Johnston Co shared one of her many gifts. Ms. Evelyn stood up to say grace before our meal and had us all singing the blessing together as one. It was amazing!

We finished up the evening with a great meal and wonderful door prizes. A special thank you goes out to our industry partners Malinda Highfill, Ashley Ellington, Chris Northcutt, Robin Criscoe, Travis Culberson, Nick Hofmeier and Tammie Davis.

Lastly, I want to thank Jamie Narron, Kim Edmonds, Jessica Bottoms, Michelle Skinner, Natashia McKeel & Emily Bunn for all their hard work making this night a huge success.

District V Meeting October 27, 2022

By Lynn Essick, District V Director

The District V Meeting was held on Thursday, October 27, 2022, at Oak Grove High School in Davidson County. Attendees from Davidson, Randolph, Stokes, and Orange Counties enjoyed dinner and networking. Lynn Essick, District V Director, opened the meeting by introducing Davidson County's Director of Human Resources, Dr. Brandy Reeder. Dr. Reeder gave an informative and entertaining speech about the process of the brain (Frontal Lobe vs. Amygdala) and how to logically process the information you are receiving daily to make informed decisions.

Once again, District V showed their artistic skills by painting spoons that were highlighted with the SNA-NC President's logo - Love, Commitment, Resilience, Enthusiasm, and Grace. Karen Dameron, a retired educator, spoke of the importance of each one of these traits and how they play a vital role in today's world.



Lynn Essick, District V Director, went over with each member how to earn different levels within the School Nutrition Association. There were drawings for door prizes, and everyone received several items to take home with them. Handmade cards were given out by the District V Director to each member present to go home and stir up their own gift of encouragement. The meeting concluded with Lynn presenting our SNA-NC, Ruth McDowell artwork done by a local student displaying the 2022-2023 SNA-NC logo!



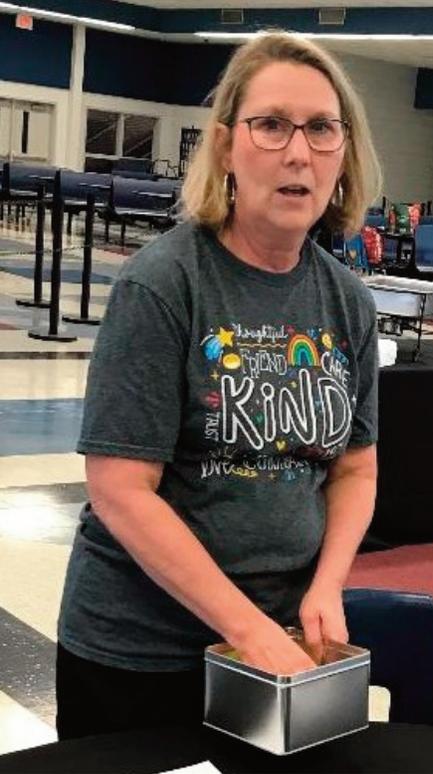
District VII Meeting October 3, 2022

By Kathy Caudle, District VII Director

Alexander Central High School was proud to host our District VII meeting this year. We were especially happy to have the meeting since we had not had one in several years. We had 21 School Nutrition Employees and 4 guests in attendance. Those attending came from Wilkes, Caldwell, and Alexander County Schools.

Our Welcome came from Alexander County's Finance Officer, Sharon Mehaffey — who is a past President of SNA-NC. After Sharon we were blessed





with our thought for the day from ACS' Superintendent, Dr. Jennifer Hefner—who told of her journey this past year after being diagnosed with cancer. What an uplifting testimony!

ACS SNA President, Tina Pope had a "Get to Know You" activity using a version of Scattergories—we totally enjoyed getting to know each other by seeing what each group member added to the game.

Our State President Ruth McDowell gave a few comments and

introduced our guest speaker, Karen H. Dameron.



Everyone really enjoyed Ms. Dameron—comments like, "I could have listened to her for another hour" were heard after she finished. How personable and entertaining!

After District Director Kathy Caudle gave a brief update, we finished our meeting with a Taco and Baked Potato bar and door prizes. Everyone received at least one door prize. The meal was delicious! Thanks ACHS staff.



NCASA Board of Directors



Kristen Bealler and Gretchen Wilson (not shown) represent SNA-NC on the NC Association of School Administrators Board

2022 Awards Winners

Tim Greene Memorial Scholarship Award

The Tim Green Memorial Scholarship Award was presented to Tierriqua Jones formerly of Beaufort County Schools at the Annual Conference in June. Tierriqua will use the scholarship to attend the 2023 SNA Legislative Action Conference in Washington DC in March. Ryan Greene presented the award to Tierriqua.



Ryan Greene with Tierriqua Jones



Yadira Creech with Dr. Lynn Harvey

Martha Gomer SPIRIT Award

The Martha Gomer SPIRIT Award recognizes an outstanding School Nutrition Supervisor who demonstrates strong commitment to the Child Nutrition Program. The Award honors Martha Gomer for her service to school nutrition and SNA-NC. Dr. Lynn Harvey presented the award to Yadira Creech of Johnston County Schools at the Annual Conference in June.



Gretchen Wilson with Joanne Kirven

Gene Causby Memorial Scholarship Award

The Gene Causby Memorial Scholarship Award was presented to Joanne Kirven of Beaufort County Schools. Joanne will use the scholarship to attend SNA Legislative Action Conference in Washington DC. Gretchen Wilson presented the award to Joanne.

Lynn Harvey First Timers Scholarships



Lynn Harvey First Timers Scholarships were awarded to three SNA-NC members that had never attended the Annual Conference. The winners received a free conference registration and \$500 stipend to be used for hotel and expenses. The winners, Kimberly Edmonds of Wilson County Schools, Zenisha Harris of Pitt County Public Schools, and Crystal Turner of Elizabeth City-Pasquotank Public Schools were recognized at conference this past June.

Dr. Lynn Harvey with Kimberly Edmonds, Crystal Turner and Zenisha Harris

2022 Awards Winners

Director of the Year Award

Southeast Regional Director of the Year Award Winner

National Director of the Year Award Winner

Robert Rolfe



Kristen Bealler with Robert Rolfe

**Manager of the Year
Award**

June Rich



Kristen Bealler with June Rich

Employee of the Year Award

**Southeast Regional Employee
of the Year Award Winner**

Annie Davis

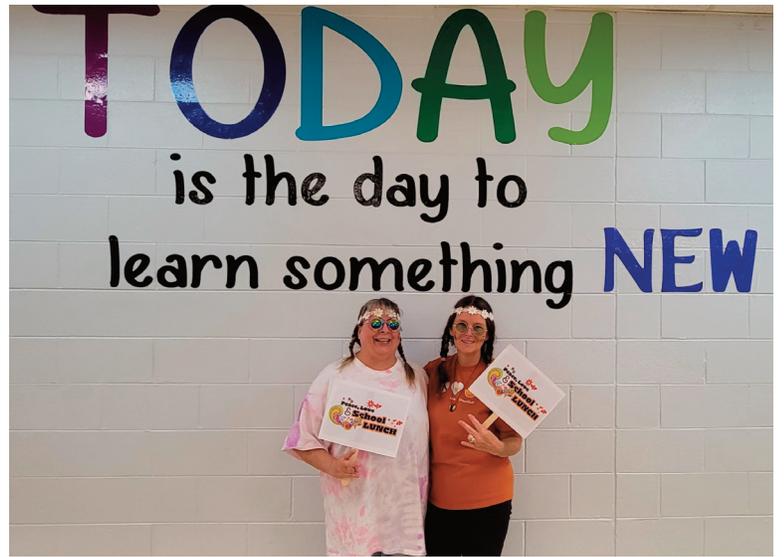


Kristen Bealler with Annie Davis

Wilson County Celebrates NSLW



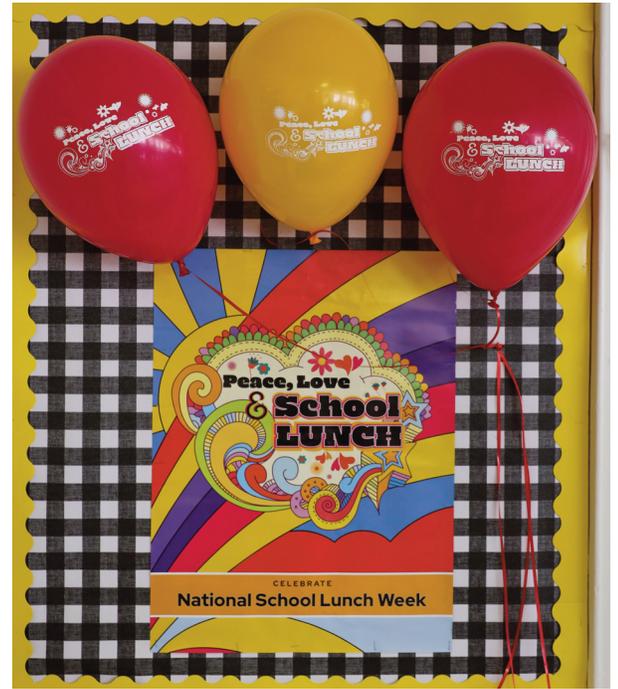
NSLW in Transylvania County



Moore County Celebrates NSLW

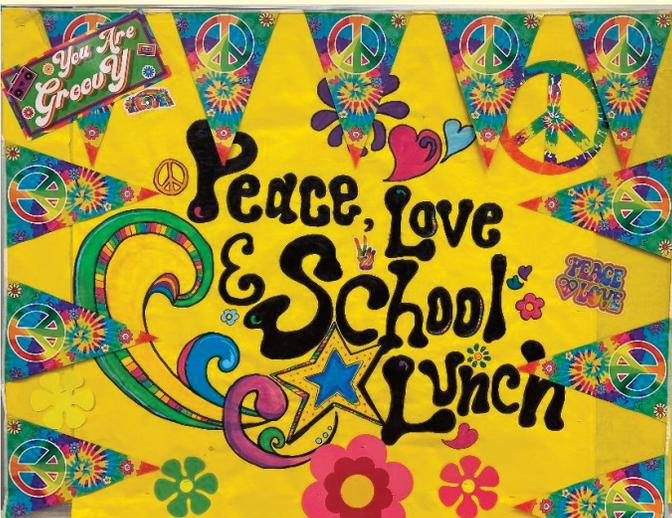


Elizabeth City Pasquotank Celebrates NSLW



Pitt County - NSLW

NSLW Bulletin Board at Ridgewood Elementary School



Edgecombe County – NSLW

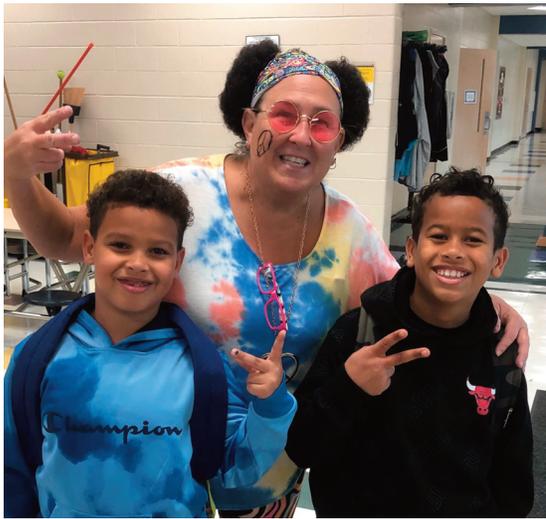
Pattillo Middle School Staff celebrating National School Lunch Week



National School Lunch Week

By Imer Smith, Director of Brunswick County Schools

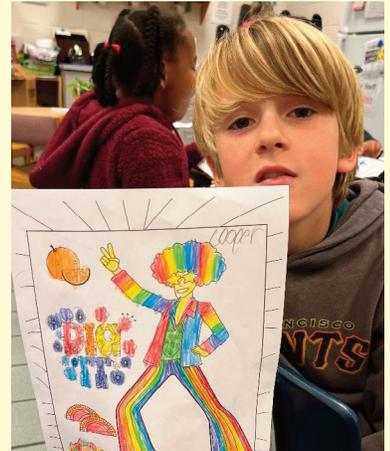
Brunswick County Schools celebrated NSLW for one groovy week. Each day, the schools had special themes such as cool sunglasses day, hat day, and the best t-shirt day. We felt at PEACE with LOVE from all in Brunswick County.



NSLW in Craven County



Dare County Schools Celebrate NSLW



100% MEMBERSHIP AND CERTIFICATION APPLICATIONS *due February 28, 2023*

Forms for the 100% Membership and Certification Award are available on the website at www.schoolnutrition-nc.org and in the Chapter Leadership Manual. For schools to qualify, all full time Child Nutrition Personnel must have a membership number by December 31, 2022. Membership rosters will be mailed to all chapters and school districts at the end of January. Members must be included on these rosters to qualify. Schools with 100% membership are recognized and honored at the Annual Conference in June. Additional information will be coming from Beverly Cash, Membership Chair, in the spring Arrow.

SNA-NC BALANCE SHEET

as of November 30, 2022

Mary Ann Shoaf, SNA-NC Bookkeeper

ASSETS

Currents Assets

Checking/Savings	
BB&T	\$132,513.46
Small Business (Tim Greene)	5,378.63
Wells Fargo Business Checking	\$27,976.51
Wells Fargo Money Market	\$28,605.74
Wells Fargo Small Bus MM	<u>\$58,065.08</u>
Total Checking/Savings	\$252,539.42
TOTAL ASSETS	<u>\$252,539.42</u>

LIABILITY & EQUITY

Equity

Retained Earnings	\$316,961.55
Net income	<u>\$-64,422.13</u>
Total Equity	<u>\$252,539.42</u>
TOTAL LIABILITIES & EQUITY	<u>\$252,539.42</u>

Culinary/Creative Arts 2023

By Jamie Narron, Culinary/Creative Arts Chair

We are excited to see everyone “Stir Up Their Gifts” with the School Nutrition Culinary/Creative Arts Competition at our State Conference. There are some changes this year so please read carefully. After you have successfully submitted your application form, there will be a mandatory zoom meeting for all participants where we will go over the competition rules including set up, judging criteria, and awards. This virtual meeting will be around the end of May 2023. Instruction packets will be emailed to participants after this meeting. We hope that this meeting will allow you to fully understand the process. Also, new this year is a Culinary/Creative Arts mini session that we encourage those that are new to the competition and those that have competed many years to attend and gain more understanding of the process. We hope you will join us, and we can’t wait to see you “Stir Up Your Gifts”.

Culinary & Creative Arts Competition

Mission Statement

The mission of the School Nutrition Association of North Carolina Culinary/Creative Arts Competition is to attractively display and merchandise foods and creative decorations used in the operation of the North Carolina Child Nutrition Programs.

General Information for all Participants

- Participant must be a SNA-NC member and pre-registered for the SNA-NC Annual Conference
- Entries must be in the name of an individual member. School entries are not permitted
- Entry forms must have the correct contact information (phone & email) and the print is legible (Please PRINT)
- There are 5 Culinary Categories and each category has 3 to 4 subcategories. There are 4 Creative Arts Categories. You can only select 1 subcategory out of each Culinary Category and can select all 4 Creative Arts Categories. *Ex: Dessert Category -- If you select cookies, then you can't select cakes as another option.*
- Entries are due by May 19, 2023.
- Only the individual competitor will be permitted into the setup area. Please give careful consideration to your entries this year and make sure you allow yourself enough time for setup.

Before submitting your entry, please make sure you understand the requirements for the category you are entering. If you have any questions on a category, please email them to jamie.narron@wilsonschoolsnc.net

Some of the categories must follow the K-5 meal pattern. Below are the K-5 meal pattern requirements for your convenience. Please note that these are the required minimums per day.

K-5 Breakfast Meal Pattern 2022-2023	K-5 Lunch Meal Pattern 2022-2023
1 cup Fruit	½ cup Fruit
1 ounce Grain	1 ounce Grain
1 cup Milk	1 cup Milk
	¾ cup Vegetable
	1 ounce Meat/Meat Alternative

Division 1: Culinary Arts

5 Categories: 17 Sub-Categories

Category 1: School Lunch or Breakfast Plate Category

All entries should follow the K-5 Meal Pattern for 2022-2023 and must represent a complete reimbursable meal. Food components may be weighed or measured. No recipe card needed.

- A. **Lunch/Entree Meal** - Entree meal is served with appropriate fruit(s), vegetable(s), grain, and milk.
Example: BBQ Chicken, Pizza, and Soup.
- B. **Sandwich or Wrap Plate** - Entree is served in a bun, wrap, or between appropriate grain. The entree should include the meat and grain and be served with appropriate fruit(s), vegetable(s), grain, and milk.
Example: Hot Dog, Cheeseburger, and Taco.
- C. **Ethnic Plate** - Entree must be ethnic food and is served with appropriate fruit(s), vegetable(s), grain, and milk. *Example: Orange Chicken with Vegetable Fried Rice*
- D. **School Breakfast Plate** - Entree is served with appropriate fruit(s) and milk.
Example: Muffin, Breakfast Pizza, and Biscuit.

Category 2: Entree Category

An entree is defined as a combination food item intended as the main component of the meal. All entries should follow the minimum USDA serving size for 2022-2023 . **A recipe card, no card size limit, is required for this category.** No pre-packaged items should be used.

- A. **Meat/Meat Alternative Entree** - Entree must contain an M/MA component and may include grain.
Example: fish sandwich, chicken salad and roll, teriyaki beef and rice.
- B. **Grab & Go/Second Chance Breakfast** - This entry must follow the K-12 breakfast meal pattern as well as emphasize convenience and marketability. It must be displayed the way it is served and then displayed on a tray.
- C. **Entree Salad** - Entree salad that meets the meal pattern contribution for K-5 for M/MA and salad mix. The salad must also include an additional ½ cup serving of any vegetable.
Example: Taco salad with chips/black beans/taco meat, grilled chicken salad on top of salad mix with corn salsa.

Category 3: Single Component Fruit/Vegetable/Grain Category

Serving size must be at least ½ cup and meet the meal pattern contribution for K-5. **A recipe card, no card size limit, is required for this category.**

- A. **Commodity Fruit** - Entry must include at least two ingredients, with one being a commodity fruit, that could be served as part of a reimbursable meal.
- B. **Commodity Vegetable** - Entry must include at least two ingredients, with one being a commodity vegetable, that could be served as part of a reimbursable meal.
- C. **NCDA Farm to School Fruit or Vegetable** - Entry must include at least two ingredients, with the main ingredient being a fresh fruit or vegetable product, that could be served as part of a reimbursable meal. The Farm to School fruit or vegetable must be from the most recent Farm to School product calendar at: [Delivery Calendar | NC Farm to School](#)
- D. **Whole Grain (Non-Bread) Side Dish** - A grain product that could be served as part of a reimbursable meal.
Example: Rice pilaf, couscous, pasta salad.

Category 4: Bread Category

Entries do not have to meet meal pattern contributions. **A recipe card, no card size limit, is required for this category.** A serving should be displayed for sampling and should be cut from or part of the original entry.

- A. **Yeast/Sweet Yeast Breads** - *Example: Cinnamon rolls or buns, yeast rolls*
- B. **Muffins & Biscuits** - *Example: Blueberry muffins, buttermilk biscuits*
- C. **Quick Bread** - *Example: Banana bread, zucchini bread*

Category 5: Dessert Category

Entries do not have to meet meal pattern contributions. A **recipe card, no card size limit, is required for this category.** A serving should be displayed for sampling and should be cut from or part of the original entry.

- A. **Cookies** - Example: *Rolled, dropped, bar cookies, brownies, peanut butter delights*
- B. **Cakes** - Any style of cake with minimal decorations
- C. **Cupcakes** - Any kind of cupcake

Division 2: Creative Arts

4 Categories

Entries should be less than or equal to 25” wide x 25” long x 36” high. Size is important and entries will be disqualified if the incorrect theme or size is used. All entries must be original concepts and cannot be purchased from florist, craft supplier, or bakery as those will not be eligible.

- A. **National School Lunch Week Decoration** - Use the 2022 National School Lunch Week Theme “Peace, Love, & School Lunch”
- B. **National School Breakfast Week Decoration** - Use the 2023 National School Breakfast Week Theme “Dig into School Breakfast”
- C. **Decorated Special Occasion Cake** - Sheet or tiered cakes where emphasis is on decoration. Cake must be entirely edible with the expectation of support for tiered cakes.
- D. **Farm to School Display** - Any display using Farm to School products from the most recent Farm to School product calendar at: [Delivery Calendar | NC Farm to School](#) (Participation in the Farm to School program by the LEA is not a requirement for this category. Fresh produce items used in the display are limited to those grown in North Carolina. Bananas and oranges are not allowed since they are grown in North Carolina but are not on the Farm to School product calendar.)

New Hanover County Schools Celebrates NSLW



Brunswick County – NC Crunch



Muriel Brooks of Johnston County set up a table at the All Employees Meeting in August to promote SNA.



Dana Edwards presented Kristen Bealler with her President's Scrapbook at the President's Luncheon at Annual Conference in June.

Chapter of the Year Correction



Kristen Bealler with Donna Shuford and Lorie Reece of Lincoln County

Welcome New Members - We welcome each new member.

The following joined our association in August through October 2022.



DISTRICT 1

- 3 New members

1700 Elizabeth City/Pasquotank SNA
Mary Brickhouse
Sherrie Chapman
April Crail

DISTRICT 2

- 44 New members

2100 Brunswick Co SNA
Barbara Bankovich
Brittany Beresoff
Hailey Clemmons
Lisel Denoble
Angela Fannon
Shaniqua Fennell
Amy Kapke
Jennifer Mays
Kristine Orr
Deborah Overcash
Saketha Stevenson
Coleen Stewart
Karen Yap
2540 Lenoir Co SNA
Terri Anderson
Damion Barnes
Sharon Cox
Sandra Coyle
Kathryn Cratch

Renata Fields
Tierra Highsmith
Kim Howell
Allegra Johnson
Sabrina Lee
Wykeeta Quinerly
Vontez Rodriguez
Alexis Soloman
Martha Turnage
Alquanda Washington
2650 New Hanover Co SNA
Mary Beth Zorio
2960 Wayne Co SNA
Ana Alvarado
Pamela Brinson
Ronald Canady
Barbara Cornett
Dorothy Howell
Sherry Johnson
Rashad McClain
Sheila Merriweather
Adriana Moran Hernandez
Arlisa Outlaw
Marcia Rasberry
Marisa Reid
Dorothy Strickland
Maria Tooley
Dalphine Wade

DISTRICT 3

- 11 New members

Falcon Children's Home
Annette Lynn
3510 Johnston Co SNA
Peggy West
3640 Nash Co SNA
Amber Majewski
Debbie Wilson
Jennifer Zavodny
3920 Wake Co SNA
Angel Clifford
3980 Wilson Co SNA

Victoria Beacham
Tammy Chaney
Haley Hawley
Elizabeth Phillips
Paula Price

DISTRICT 4

- 3 New members

4260 Cumberland Co SNA
Tashay Jones
4620 Montgomery Co SNA
Crystal Diamond
4630 Moore Co SNA
Rhonda Hussey

DISTRICT 5

- 4 New members

5290 Davidson, Lexington, Thomasville City SNA
Casey Blaylock
5410 Guilford Co SNA - The Point
Tacuma Johnson
5680 Orange Co SNA
Sara Pitts
5730 Person Co SNA
Brandy Stanley

DISTRICT 6

- 14 New members

6360 Gaston Co SNA
Shawndria Washington
6600 Charlotte/Mecklenburg SNA
Jacqueline Walker

6800 Rowan/Salisbury SNA

Mandy Bostian
Casandra Cauble
Kim Cline
Angela Dayvault
Rosa Dorantes



Alysscia Ellis Sankey
Nicole Fitzpatrick
Abby Gaskey
Tamika Gatewood
Paul Hart
Alyssa Lowery
Ana Pereira

DISTRICT 7

- 5 New members

7020 Alexander Co SNA
Sherry Davidson
Tiffany Howard
Tiffany Jones
Maysie Webb
Melissa Whisnant

DISTRICT 8

- 2 New members

8440 Haywood Co SNA
Chrystal Shelton
Erin Woolstenhulme



Affiliated Chapters and Chapter Presidents for 2022 - 2023

The following is a list of Chapters and their Presidents that have re-affiliated for this year:

DISTRICT 1

Elizabeth City/Pasquotank – Crystal Turner
Pitt – Tracy Wilson

DISTRICT 2

Brunswick – Nancy Mintz
Craven – Samantha Wilson
Duplin – Michael Ashley
Lenoir – June Rich
New Hanover – Cynthia Boulay
Onslow – Bobbie Marshburn

DISTRICT 3

Edgecombe – Carol Lee
Johnston – Laura Chavis
Nash – Wanda Bone
Wake – Jessica Jones
Wilson – Natasha McKeel

DISTRICT 4

Cumberland – Donna Macmaster

DISTRICT 5

Randolph – Shelby Smith

DISTRICT 6

Charlotte-Mecklenburg – Regina Tilghman
Lincoln – Donna Shuford
Union – Devunda Lindsey

DISTRICT 7

Alexander – Christina Cutsinger
Surry, Elkin, Mt Airy – Rhenda Miller
Wilkes – Shirley Anderson

DISTRICT 8

Haywood – Angela Pless

Is your chapter missing?

Re-affiliation forms are available at www.schoolnutrition-nc.org

Email your re-affiliation form to: Dawn Roth - jbdfroth@aol.com

Remember to e-mail a copy of your chapter bylaws to Dawn Roth.

Chapter packets are ONLY emailed to the chapter presidents who have sent in the 2022-2023 Re-affiliation form.

Union County News

By Amanda Howard, District VI Director



Union County Public Schools did a Make It, Take It at their local chapter meeting.

Attendees made decorations for their school serving lines and cafeterias for National School Lunch Week. They learned how to use what they may have on hand to make

the decorations. They used things like number ten cans, construction paper, tissue paper, paint, pictures that they printed out and lots of other fun items. They also enjoyed a snack of popcorn and water.



Davidson County Happenings



Pitt County Bulletin Boards



Wintergreen Intermediate School

HB Sugg/Sam D. Bundy School



Lincoln County Celebrates NSLW



SNA of NC Industry Partners

The following Sustaining Members are an important part of our Association. Please invite them to your district and chapter meetings and let them know how much you appreciate their services and products.



Gordon Food Service
 Griffin Marketing Group, Inc.
 Grower Network, LLC
 Harris School Solutions
 Heartland School Solutions
 Hobart
 Horizon Software International
 House of Raeford
 Idahoan Foods, LLC
 Innoseal Systems Inc.
 Interior Elements, LLC
 International Food Solutions
 J & J Snack Foods
 John Soules Foods/Proview
 JTM Food Group
 Kellogg Company
 Kent Quality Foods, Inc.
 KeyImpact Sales Systems
 Kitchen Resource Group
 Land O'Lakes
 Lindy's Homemade, LLC
 LINQ
 Manning Brothers Food Equipment Co.
 Master Marketing Carolinas
 MCI Foods – Los Cabos
 Motts (Keurig Dr Pepper)
 Nardone Bros. Pizza
 NCDA&CS-Food Distribution
 NC DPI-School Nutrition Division
 NC DPS Correction Enterprises
 North Carolina Egg Association
 Pepsi Bottling Ventures
 Pepsi-Cola Bottling Co of Hickory
 PepsiCo Foodservice
 Peterson Farms Fresh, Inc.
 Pilgrim's
 Premier Equipment Group
 PrimeroEdge
 R & H Produce Company, Inc.
 Raisels
 Red Gold

Rich Chicks, LLC
 Rich's Ice Cream
 S.A. Piazza (Wild Mike's)
 Schwan's Company
 SEA Level Social
 SFSPac
 Simplot Foods
 Singer T&L
 Smart Mouth Foods
 Southern Food Equipment Reps
 Stillwater Provisions
 Suncup Juice
 Super Bakery
 Swanson-Girard Associates
 Tajin International
 Tarrier Foods
 Tasty Blend Foods
 Tasty Brands
 Taylor Farms Tennessee
 TekVisions, Inc.
 The Dairy Alliance
 The Hershey Company (Amplify Foods)
 TITAN A LINQ Solution
 Trident Beverage, Inc.
 Tyson Foods
 United Restaurant Equipment Co.
 US Foods, Fort Mill
 Vulcan FEG
 Waypoint
 Wesby's Products & Services
 Yang's 5th Taste

A.L.C.O.
 AccuTemp Products
 Affinity Group Southeast
 AMA of the Carolinas
 B&A Food Sales
 Bake Crafters
 Brakebush Bros., Inc.
 Bush Brothers & Company
 Butterball LLC
 Cannon Marketing
 Carolina Foodservice Solutions, Inc.
 Champion Foodservice, LLC
 Classic Delight, LLC
 Cohen Food Service, Inc.
 CORE Foodservice
 Denver Equipment Co. of Charlotte, Inc.
 DeWafelbakkers
 Diversified Foods, Inc.
 Dole Packaged Foods
 Epallet.com
 ES Foods
 Food Sales East
 General Mills Foodservice
 Gilbert Foodservice, Inc.
 Gold Creek Foods





NATIONAL AND STATE NEW MEMBER APPLICATION

Member ID _____

- ① Have you ever been a SNA member? Yes No
- ② First Name _____ Last Name _____
- ③ Email _____ Job Title _____
- ④ School District _____ ⑤ School Name _____ ⑥ Chapter No. _____
- ⑦ Work Phone _____ Home Phone _____
- ⑧ Work Mailing Address (Please indicate preferred mailing address Work Home)
 Address _____ Suite _____
 City _____ State _____ Zip _____
- ⑨ Home Mailing Address
 Address _____ Suite/Apt _____
 City _____ State _____ Zip _____
- ⑩ Who referred you to SNA? First Name _____ Last Name _____ (Optional) Member ID: _____
- ⑪ Membership Category (Check either individual membership or school district/state agency membership (SDM). See back for description)

National Dues

Member Categories	Individual Membership	School District/State Agency Membership
SN Employee	\$40 <input type="checkbox"/>	\$40 <input type="checkbox"/>
Student	\$40 <input type="checkbox"/>	N/A
Retired	\$40 <input type="checkbox"/>	N/A
SN Manager	\$42 <input type="checkbox"/>	\$42 <input type="checkbox"/>
District Director/Supv/Spec	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Major City Director/Supv/Spec	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
State Agency Director and Staff	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Nutrition Educator	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Other	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Affiliate Employee	\$20 <input type="checkbox"/>	N/A
Affiliate Retired	\$20 <input type="checkbox"/>	N/A

- ⑫ Employed by? Public School Private Management Company
 Private School CACFP
- ⑬ Does your employer pay your dues? Yes No
- ⑭ Are you responsible for school nutrition operations in your school district? Yes No

National, State Dues and Processing Fee are required.

⑮ NATIONAL DUES \$.

⑯ STATE DUES* \$.

⑰ PROCESSING FEE \$ 3 . 0 0

⑱ TOTAL DUES \$.

⑲ Tax-deductible contribution to SN Foundation \$.
 ___\$10 ___\$25 ___\$50 ___Other

⑳ TOTAL PAYMENT \$.

- ⑯ Your STATE DUES are: (Record state dues in the space provided on right) * Select one.
\$5.50 STU/RET/AFR/AFE **\$7.50 SNE**
\$11.50 SNM **\$18.50 DDS/MCD/SDS/EDU/OTH**

- ㉑ For credit card payment, please visit www.schoolnutrition.org

㉒ Individual Membership Signature _____ Date _____

For SDM multiple applicants, you may use a spreadsheet found at www.schoolnutrition.org/sdm.

See reverse side for important information.

Dues subject to change.

㉓ FOR SCHOOL DISTRICT MEMBERSHIP (SDM) ONLY

SDM Main Contact Name _____

(Optional) SDM Main Contact Member ID _____

Email _____

Business Phone Number _____

Return this form with your check or money order made payable to SNA.
 Mail application to SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

SNA National and State Membership Application Guidelines

Membership Application for Individual and School District Memberships.

Instructions for completing the front of this application:

1. Please indicate if you have ever been a SNA member.
2. Print your full name as you would like it to appear in your membership record and on your membership card.
3. Print your email address and job title. All SNA members automatically receive emailed information related to the organization.
4. Print your current school district.
5. Print your current school name.
6. If you know your local chapter number, please fill in.
7. Print your work and home phone number.
8. Print your work mailing address.
9. Print your home mailing address.
10. Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and annual membership campaign drives. Optional: Include referrer's SNA member ID.
11. Please review the membership categories listed. Check one that best describes your position. **School District/State Agency Membership (SDM) is a membership managed or coordinated by the school district/state agency and can be transferred to another individual in the same membership category. Please check with your district to see if you are eligible for SDM.**
12. Please check if you are employed by public school, private school, or private management company.
13. Please indicate if your employer pays your dues.
14. Please indicate if you are responsible for school nutrition operations in your school district.
15. Record your national dues based on membership category checked.
16. Record your state dues based on the dues listed on left side of application under "Your state dues are:"
17. All applications must include the processing fee.
18. Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
19. Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation.
20. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
21. If paying by credit card, please visit www.schoolnutrition.org.
22. This box must be completed for SDM applicants.
23. Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

Membership dues cover a full year of member benefits. Processing of application takes approximately two to four weeks from receipt of payment. Once application is processed, new members will be able to access and print their membership card by logging in at www.schoolnutrition.org.

Dues Category	Membership Category	Description	Individual Membership	School District/State Agency Membership
SNE	School Nutrition Employee	Cooks, chefs, bakers, bookkeepers, technicians, assistants, etc.	\$40	\$40
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$40	N/A
RET	Retired	Retired Members.	\$40	N/A
SNM	School Nutrition Manager	Managers, head cooks, head chefs, assistant managers.	\$42	\$42
DDS	School Nutrition Director, Supervisors, Specialist, Executive Chefs	Working in a school nutrition program at the school district level.	\$143	\$143
MCD	School Nutrition Director, Supervisor, Specialist (Major City)	Working in a school nutrition program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$143	\$143
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$143	\$143
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$143	\$143
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$143	\$143
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time school nutrition staff. Does not include a subscription to <i>SN</i> magazine or the right to vote in the annual SNA election.	\$20	N/A
AFR	Affiliate Retired		\$20	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the *SN* magazine.

School Nutrition Association * 2900 S Quincey Street, Suite 700 * Arlington, VA 22206
 Phone: 800-877-8822 * Web site: www.schoolnutrition.org * E-mail: membership@schoolnutrition.org

2022 - 2023 SNA of NC Board of Directors

STATE OFFICERS

PRESIDENT

Ruth McDowell
Edgecombe County Schools
PO Box 7128
Tarboro, NC 27886
252-641-2636 (w)
rmcdowell@ecps.us

PRESIDENT-ELECT

Janet Johnson
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8309 Serenity Trail
Apex, NC 27523
984-236-2912 (w)
Janet.williamsjohnson@dpi.nc.gov

VICE-PRESIDENT

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SECRETARY-TREASURER

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Catherine Batusic
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773-547-3305 (w)
Catherine.batusic@
affinitysales.com

CONTRACTED PERSONNEL

LEGISLATIVE ASSISTANT

Rachel Beaulieu
Contact *Gretchen Wilson*,
PP&L Chair

BOOKKEEPER

Mary Ann Shoaf
Haywood County Schools
5855 Crabtree Road
Clyde, NC 28721
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SNA-NC MISSION STATEMENT:

**Educate, empower, and advocate for the school nutrition professionals
to advance the integrity, the accessibility, and quality of school nutrition programs.**